



HEALTH AND WELLBEING BOARD

Date: 14 February 2018

The NHS Long Term Plan (LTP)

Report of: Siobhan Brown on behalf of NHS Northumberland Clinical Commissioning Group.

Purpose of report

This report outlines the NHS Long Term Plan (LTP) that will drive the NHS’s direction of travel over the coming years; supported by the £20bn additional funding in the NHS.

Background

On 7 January 2019 following a long engagement process, the LTP was published. In essence, the LTP will be:

<p>Making sure everyone gets the best start in life</p>	<ul style="list-style-type: none"> • reducing stillbirths and mother and child deaths during birth by 50% • ensuring most women can benefit from continuity of carer through and beyond their pregnancy, targeted towards those who will benefit most • providing extra support for expectant mothers at risk of premature birth • expanding support for perinatal mental health conditions • taking further action on childhood obesity • increasing funding for children and young people’s mental health • bringing down waiting times for autism assessments • providing the right care for children with a learning disability • delivering the best treatments available for children with cancer, including CAR-T and proton beam therapy.
<p>Delivering world-class care for major health problems</p>	<ul style="list-style-type: none"> • preventing 150,000 heart attacks, strokes and dementia cases • providing education and exercise programmes to tens of thousands more patients with heart problems, preventing up to 14,000 premature deaths • saving 55,000 more lives a year by diagnosing more cancers early • investing in spotting and treating lung conditions early to prevent 80,000 stays in hospital • spending at least £2.3bn more a year on mental health care • helping 380,000 more people get therapy for depression and anxiety by 2023/24 • delivering community-based physical and mental care for 370,000 people with severe mental illness a year by 2023/24.
<p>Supporting people to age well</p>	<ul style="list-style-type: none"> • increasing funding for primary and community care by at least £4.5bn • bringing together different professionals to coordinate care better • helping more people to live independently at home for longer • developing more rapid community response teams to prevent unnecessary hospital spells, and speed up discharges home. • upgrading NHS staff support to people living in care homes. • improving the recognition of carers and support they receive • making further progress on care for people with dementia • giving more people more say about the care they receive and where they receive it, particularly towards the end of their lives.

In addition, the LTP sets out how the system needs to think and act in order to deliver against the challenges it faces, by:

1. **Doing things differently:** we will give people more control over their own health and the care they receive, encourage more collaboration between GPs, their teams and community services, as 'primary care networks', to increase the services they can provide jointly, and increase the focus on NHS organisations working with their local partners, as 'Integrated Care Systems', to plan and deliver services which meet the needs of their communities.
2. **Preventing illness and tackling health inequalities:** the NHS will increase its contribution to tackling some of the most significant causes of ill health, including new action to help people stop smoking, overcome drinking problems and avoid Type 2 diabetes, with a particular focus on the communities and groups of people most affected by these problems.
3. **Backing our workforce:** we will continue to increase the NHS workforce, training and recruiting more professionals – including thousands more clinical placements for undergraduate nurses, hundreds more medical school places, and more routes into the NHS such as apprenticeships. We will also make the NHS a better place to work, so more staff stay in the NHS and feel able to make better use of their skills and experience for patients.
4. **Making better use of data and digital technology:** we will provide more convenient access to services and health information for patients, with the new NHS App as a digital 'front door', better access to digital tools and patient records for staff, and improvements to the planning and delivery of services based on the analysis of patient and population data.
5. **Getting the most out of taxpayers' investment in the NHS:** we will continue working with doctors and other health professionals to identify ways to reduce duplication in how clinical services are delivered, make better use of the NHS' combined buying power to get commonly-used products for cheaper, and reduce spend on administration.

Early analysis is that the LTP absolutely supports the CCG's and wider health and care system's direction of travel in terms of a greater focus on community and primary care models, working at scale, the prevention and population health outcomes agenda and the need to tackle workforce as one of the greatest challenges facing the NHS.

The Local Government Association sums up the plan very succinctly in terms of the limitations in the wider system:

“But this is a plan for the NHS rather than a comprehensive plan for the wider health and care system so, inevitably, it offers only part of the solution to the health, social care and wellbeing challenges facing our communities. The LTP recognises that partners, in particular local government, have a leading role in promoting health, wellbeing and independence but the measures it outlines focus primarily on the NHS. Much will depend on the local implementation of the national objectives. It will be important that local leaders across the NHS and local government take a wider approach to ill-health and prevention, building on existing place-based plans for improving health and wellbeing to create new models of care and support.”

The extra investment promised has the potential to act as an enabler and catalyst for greater scale and faster transformation. The ambitious plan centres on joined up, preventative, and personalised care; a lot of which is outside the gift of the NHS alone. The Northumberland Health and Wellbeing Board will be pivotal in holding the system to account for the delivery of the plan and as a catalyst for delivery against the wider determinants of health such as education, transport, employment, environment and leisure.

The plan has been published prior to the delayed Green Paper on social care, now due in the Autumn, which will also be a very important part of the whole system picture moving forward.

The full NHS LTP is available here <https://www.longtermplan.nhs.uk/publication/nhs-long-term-plan/>. A summary is at Appendix 1.

Recommendations

The Health and Wellbeing Board is asked to consider the report and provide comment.

Policy	
Finance and value for money	
Legal	
Procurement	
Human Resources	
Property	
Equalities (Impact Assessment attached) Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>	
Risk Assessment	
Crime & Disorder	
Customer Consideration	
Carbon reduction	
Wards	

Background papers:

Appendix 1: LTP Summary

Report sign off.

Authors must ensure that officers and members have agreed the content of the report:

	initials
Monitoring Officer/Legal	
Executive Director of Finance & S151 Officer	
Relevant Executive Director	
Chief Executive	
Portfolio Holder(s)	

Author and Contact Details Siobhan Brown – NHS Northumberland CCG

Tel: 01670 335173 Email: Siobhan.brown3@nhs.net